

## PORK

- Moo Shu Pork** — fancy flavored eggs with pork, skin mushrooms, bean sprouts, & shredded bamboo shoots (served with four pancakes; please allow extra time) ..... 8.55
- \*Hot Braised Pork** — batter fried pork with hot garlic sauce ..... 8.55
- \*Twice Cooked Pork** — thinly sliced steamed pork, braised with cabbage, bamboo shoots, green peppers & hot pepper ..... 7.95
- Sweet & Sour Pork** — batter fried pork tenderloin in sweet and sour sauce ..... 7.95
- Black Mushroom Pork** — pork tenderloin sauteed with black mushroom & bamboo shoots ..... 7.95
- \*Hunan Pork**—sliced pork sauteed with bamboo shoots, celery, green pepper, water chestnuts, onions, baby corn, broccoli and mushrooms in hot pepper sauce ..... 7.95

## FOWL

- Smoked Tea Duck** — marinated and smoked half duck especially prepared (Please allow extra time) ..... 12.95
- Snow Peas with Chicken** — diced chicken sauteed with snow peas, bamboo shoots & water chestnuts ..... 8.55
- Moo Goo Gai Pan (Snow White Chicken)** — snow white underbreasts of chicken, delicately cooked with mushrooms & garden fresh peas ..... 8.55
- Black Mushroom Chicken** — diced chicken sauteed with black mushrooms & bamboo shoots ..... 8.55
- \*Kung Pao Chicken** — Szechuan style, chicken & vegetable cubelets, sauteed in hot sauce ..... 8.25
- \*Hot Braised Chicken** — boneless (wings only upon request, please allow extra time) ..... 8.25
- Cashew Chicken** — batter fried chicken sauteed in brown sauce, topped with zucchini, mushrooms, bamboo shoots & cashew nuts ..... 8.25
- Almond Chicken** — diced chicken with bamboo shoots, celery, green pepper & almond ..... 8.25
- Garlic Chicken**— diced chicken, sliced mushrooms & water chestnuts sauteed with garlic sauce ..... 8.25
- Fried Chicken Nugget** ..... 8.25
- Sweet & Sour Chicken** — batter fried chicken chunks in sweet & sour sauce ..... 8.25
- \*Hunan Chicken** — diced chicken sauteed with bamboo shoots, celery, green pepper, water chestnuts, onion, carrots, baby corn, broccoli & mushrooms in hot pepper sauce ..... 8.55
- Broccoli Chicken** — diced chicken sauteed with broccoli in brown sauce ..... 8.55

## EGG FOO YOUNG

- Beef, Pork, Chicken, or Vegetable Egg Foo Young** ..... 8.25
- Shrimp Egg Foo Young** ..... 8.55
- Combination Egg Foo Young** (Chicken, Beef & Shrimp) ..... 8.55



# YEN CHING

"A Jefferson City Tradition Since 1977"

VOTED BEST IN TOWN

## SEAFOOD

- \*Szechuan Shrimp** — batter fried shrimp sauteed in a hot tomato sauce with mixed vegetables ..... 9.75
- Shrimp with Lobster Sauce** — fresh shrimp with egg & green onions, bamboo shoots, mushrooms, peas & carrots ..... 9.75
- Fried Shrimp** — batter fried shrimp (Please allow extra time) ..... 9.75
- Sweet & Sour Shrimp** — batter fried shrimp in a sweet and sour sauce ..... 9.75
- Shrimp with Vegetables** — sauteed shrimp in a delicate white sauce with mixed vegetables..... 9.75
- Curry Shrimp** — fresh shrimp, white onion, peas & carrots sauteed in a curry sauce ..... 9.75
- Shrimp with Beef & Broccoli** — tenderloin beef & shrimp sauteed with broccoli ..... 9.75
- Three Ingredients** — chicken, shrimp, sea scallops delicately blended and sauteed ..... 9.75
- Sauteed Happy Family** — shrimp, scallops, chicken & pork sauteed with a variety of Chinese vegetables ..... 9.75
- Sizzling Rice Shrimp** — fried shrimp in sweet & sour sauce with sizzling rice cake ..... 9.75
- \*Hot Braised Shrimp** — batter fried shrimp blended with our special hot garlic sauce ..... 9.75
- Snow Peas Shrimp** — shrimp sauteed with snow peas, bamboo shoots & water chestnuts in white wine sauce ..... 9.75
- \*Kung Pao Shrimp** — Szechuan style shrimp & vegetable cubelets sauteed in hot sauce ..... 9.75

\* **Spicy Hot**

## FRIED RICE

- Beef, Pork, Chicken, or Vegetable Fried Rice** (regular or brown) ..... 6.55
- Shrimp Fried Rice** (regular or brown) ..... 6.95
- Combination Fried Rice** (regular or brown) Chicken, Beef & Shrimp ..... 7.25
- Plain Fried Rice** (regular or brown) ..... 4.95

Regular: White rice sauteed with peas, carrots and eggs, seasoned with salt.  
Brown: White rice sauteed with white onions and eggs, seasoned with soy sauce.

# HOUSE SPECIALTIES

- BLACK MUSHROOM DUCK** — boneless duck sauteed with black mushrooms, bamboo shoots, broccoli, & water chestnuts ..... **13.95**
- LEMON CHICKEN** — batter fried chicken topped with special sauce made with fresh lemon..... **9.95**
- SNOWBIRD CHICKEN** — sliced chicken breast in a creamy white wine sauce topped with specially prepared egg white topping .... **9.95**
- \*SESAME CHICKEN** — chicken cooked in House special sauce with sesame seed ..... 9.95
- HONEY GLAZED SESAME CHICKEN** — sweet sesame sauce over batter fried chicken ..... **9.95**
- \*SESAME BEEF** — sliced tender beef cooked in House special sauce with sesame seed ..... **10.55**
- CASHEW SHRIMP** — sauteed shrimp with bamboo shoots and celery in white sauce & topped with cashew nuts ..... **13.95**
- SHRIMP DUAL DELUXE** — combination of braised shrimp & sauteed shrimp (Please allow extra time) ..... **13.95**

## APPETIZERS

- Pot-Stickers** — (6) Please allow at least 20 minutes ..... **5.75**
- Bar-B-Q Spareribs** (Please allow extra time)..... **5.75**
- Fried Won Ton** (10) ..... **3.35**
- Egg Rolls** — delicately shredded pork & cabbage, deep fried (2) **3.35**
- Po-Po** — egg rolls, crab rangoon, fried chicken, shrimp toast & beef tereyaki (no substitution)..... (per person) **4.65**
- Crab Rangoon (6)** ..... **4.65**
- Beef Tereyaki (4)** ..... **4.65**
- \*Hot Braised Chicken Wings (6)** (Please allow extra time) ..... **4.65**

## VEGETABLES

- House Vegetables Deluxe** — snow peas, broccoli, carrots, green pepper, mushrooms, bamboo shoots, water chestnuts, zucchini, Chinese cabbage & celery seasoned with white cream sauce ..... **7.75**
- \*Hunan Vegetables** — assorted vegetables sauteed in hot pepper sauce ..... **7.75**

- Yen Ching Beef** — sliced beef marinated in special garlic sauce **9.55**
- Snow Peas with Beef** — beef sauteed with snow peas, bamboo shoots & water chestnuts ..... **8.55**
- Beef with Mushrooms** — beef sauteed with fresh mushrooms in brown sauce ..... **8.55**
- Beef with Green Pepper & Onion** — sauteed tenderloin beef with green pepper & onion ..... **8.55**
- Beef with Broccoli** — sliced beef sauteed with broccoli ..... **8.55**
- Ming's Beef** — tenderloin beef, with mushrooms, bamboo shoots, white onion, garnished with fried rice sticks ..... **8.55**

## CHOW MEIN

- Beef, Pork, Chicken, or Vegetable Chow Mein** ..... **7.55**
- Shrimp Chow Mein** ..... **7.95**
- Combination Chow Mein** (Chicken, Beef & Shrimp) ..... **8.55**
- Vegetable Chow Mein** ..... **7.55**

- YEN CHING SHRIMP** — batter fried shrimp with broccoli, mushrooms and baby corn, cooked in white sauce ..... **13.95**
- SIZZLING TRIO** — pork, chicken, scallops, shrimp, bamboo shoots, broccoli, mushrooms, water chestnuts & carrots ..... **13.95**
- SHRIMP, BEEF & CHICKEN COMBINATION** — with a variety of Chinese vegetables ..... **13.95**
- \*DRIED MANDARIN TANGERINE BEEF** — fried beef steak w/red hot pepper, garlic & green onion (Please allow extra time) ..... **11.25**
- YEN CHING BEEF, MUSHROOM & ZUCCHINI COMBO** ..... **10.55**
- YEN CHING BEEF & CHICKEN COMBINATION** ..... **10.55**
- SESAME BEEF & CHICKEN COMBINATION** ..... **10.55**
- \*GENERAL'S CHICKEN** — batter fried chicken, sauteed in spicy garlic sauce, garnished with broccoli ..... **10.55**
- \*ORANGE CHICKEN** - batter fried chicken, garnished w/broccoli . **10.55**

## SOUP

Individual Bowl

- Sizzling Rice Soup** — chicken broth blended with shrimp, chicken, mushrooms, bamboo shoots, water chestnuts & sizzling golden rice crust. .... **1.85**
- \*Hot & Sour Soup** — sliced shrimp, pork, Chinese bean curd, vegetables in a full bodied broth ..... **1.85**
- Won Ton Soup** — chicken broth with steamed won tons, spinach & bamboo shoots ..... **1.85**
- Egg Drop Soup** — chicken broth with egg, cabbage & tomatoes **1.85**

## BEEF

- Mongolian Beef** — sliced beef sauteed with green onions & white onion, garnished with fried rice sticks ..... **8.55**
- Beef w/ Pineapple**—tenderloin beef, pineapple & green pepper .... **8.55**
- \*Hot Shredded Beef** — Julienne beef, celery, carrots & onion sauteed in hot pepper sauce ..... **8.55**
- \*Hunan Beef** — sliced beef sauteed with bamboo shoots, celery, green pepper, water chestnuts, onion, baby corn, broccoli, & mushrooms in hot pepper sauce ..... **9.55**
- \*Kung Pao Beef** — Szechuan style beef & vegetable cubelets sauteed in hot pepper sauce ..... **9.55**

## LO MEIN (Soft Noodles)

- Beef, Pork, Chicken, or Vegetable Lo Mein** ..... **7.55**
- Shrimp Lo Mein** ..... **7.95**
- Combination Lo Mein** (Chicken, Beef & Shrimp) ..... **8.55**
- Vegetable Lo Mein** ..... **7.55**